

EVENTS For August 2017 AT CONTACTIVITY CENTRE

Monday	Tuesday	Wednesday	Thursday	Friday
PLEASE NOTE: <u>Activities can be cancelled at any time and the Centre can be closed with short notice – see full details inside</u>	1	2 11:00-3:00 Arts & Crafts **12:00 pm** Light Summer Fare & Dessert Activity: POETRY SESSION	3 10:00-11:30 Walkie Talkies 10:00 am Spur-of-the-Moment In-Town Outing	4 Summer student Catherine's last day!
7 CENTRE IS CLOSED Civic Holiday	8 Check the Bulletin Board when you are in the Centre	9 11:00-3:00 Arts & Crafts	10 10:00-11:30 Walkie Talkies	11 Summer student Maria's last day! 1:00 pm In-Town Lunch at Restaurant Olive et Citron
14 10:00-12:00 Ping Pong & Pool 10:00-11:30 Walkie Talkies 10:30-3:30 Arts & Crafts	15 10:45 am Montreal Museum of Fine Arts Outing – reservations required (details inside newsletter)	16 11:00-3:00 Arts & Crafts	17 10:00-11:30 Walkie Talkies	18
21 10:00-12:00 Ping Pong & Pool 10:00-11:30 Walkie Talkies 10:30-3:30 Arts & Crafts	22	23 11:00-3:00 Arts & Crafts	24 10:00-11:30 Walkie Talkies	25
28 CENTRE IS CLOSED 10:00-11:30 Walkie Talkies	29 CENTRE IS CLOSED 3:00 pm Super Bingo at Place Kensington	30 CENTRE IS CLOSED	31 CENTRE IS CLOSED 10:00-11:30 Walkie Talkies	September 1 CENTRE IS CLOSED

Centre Closed

The Centre will be closed on Monday, August 7th – Civic Holiday. Also, we will be closed for two weeks from Monday, August 28th to Friday, September 8th. We will return on Monday, September 11th. However, the Telecheck service, will continue these two weeks, as well as the walkie talkies.

Possible Construction at the Main Entrance of the Church

There will be construction involving the walkway, ramp and possibly the stairs at the main entrance of the church. At the time of printing this newsletter, the start date has yet to be confirmed by our landlord WPUC. The construction could take up to 6-8 weeks for completion or less, depending on which plan the church and the city approve. Due to the uncertainty, we may have to cancel scheduled activities during the month of August and possibly September at the Centre. If we have to cancel an activity, we will call everyone signed up to participate, we will post a message on our website and we will change our telephone greeting message to alert you of any changes or last minute closures. During the construction, our office will not be accessible. All communications will be done by telephone or emails. Anyone who is planning on dropping by the Centre, please check our website first or call us at 514-932-2326 to make sure the Centre is open. You can even call in the evenings to hear the greeting message update.

Excursions cancelled for August & September

Due to the uncertainty of the start date and duration of the construction on the walkway, ramp and possibly the stairs at the main entrance of the church, we have decided to cancel the August and September excursions. The last trip of the season will be the Fall Foliage in October.

Replacement of Floors

Floors in both Contactivity offices on the main floor must be replaced due to earlier flooding. The work is scheduled to take place the last week of August and the first week of September. Therefore, the Centre will be closed during this time. All the office equipment, filing cabinets and furniture will have to be temporarily stored in the drop-in room.

Church Parking Lot

Just a reminder that there is no parking available for Contactivity members in the back parking lot. There are summer camps using the parking lot & the rear entrance and any available spaces left are assigned to the various renters in the building.

August Birthdays

Best wishes to all of the following members who are celebrating a birthday in August. We hope to see you at the Birthday Celebration which will be held on Thursday, September 21st. Lunch is half price for birthday celebrants. If you can join us, please call the Centre at 514-932-2326 to reserve in advance, no later than Tuesday, September 19th.

Lucette Beauchamp, Ghanshyam Birla, Peter Bouliane, Christopher Clark, Peggy Dean, Rochelle Ferri, Lise Gagnon, Paco Greene, Margaret Gregory, Cyla Hus, Elizabeth Johnston, Aileen Kilbertus, Renée Kinik, Georgette Korn, Jocelyne Kwok-Choon, Madeleine Lacaille, Helen Larue, Huguette Ledoux, Maureen McCrory, Catherine MacCabe, Gemma Mattheij, Ann Pless, Ian Porteous, Jacqueline Ross, Deirdre Smart, Janet Smith, Ida Spektor, Ritva Suonpera, Ruth Naud Tisdale, Mickey Van Riel, Suzanne Wibe, Fred Wiegand and Cynthia Wiltshire.

In-Town Lunch – Friday, August 11th

This month's in-town lunch will be at **Olive et Citron**, an authentic Greek restaurant located at **5508 Monkland Ave.**, between Old Orchard and Girouard. This fairly new restaurant has become the talk of Monkland village. Olive et Citron offers lunch specials including tea or coffee. There are 7 choices and the plates are served with salad, rice and fries. You can replace the fries with homemade Greek potatoes for an additional cost. The prices range from \$10.00 - \$13.00. Join fellow members and try out this restaurant for yourself!

Members and their guest(s) will meet at 1:00 p.m. Reservations with us are necessary, so please call the office at 514-932-2326 to make your reservation by Tuesday, August 6th.

Directions: By Metro: From Vendome, take Bus 102 to the corner of Monkland & Girouard and walk ½ block west to the restaurant. /OR/ From Villa-Maria, take Bus 103 to the corner of Monkland & Girouard and walk ½ block to the restaurant.

By Bus: Bus 63, Bus 102, Bus 103 and Bus 162 can be taken to the corner of Monkland & Girouard and then walk ½ to the restaurant. Bus 24 can be taken to the corner of Monkland & Decarie, and then walk 3½ blocks west along Monkland to the restaurant.

Spur-of-the-Moment In-Town Outings

Our summer students Maria and Catherine have organized an in-town outing in August. If you are interested in participating, please call the office at 514-932-2326 to make your reservation.

August 3rd - Bateau Mouche

Back by popular demand, the Bateau Mouche cruise! Join us for a 60-minute cruise leaving from Jacques-Cartier pier in the Old Port. **Please come and pay in advance at the Centre by July 21st to book your reservations.**

Address: Vieux-Port de Montréal, 55 Quai d'accostage, Montréal, QC H2Y 2E2

Cost: 23\$ (**must be paid to us in advance**)

Meeting point: Champ-de-Mars metro **Time:** Meet at 10am (boat leaves at 11am)

Lunch: You are welcome to join us for lunch at the food court in Old Montreal after the exhibit. You can buy food at your expense if you wish or bring your own lunch

Wednesdays Light Summer Fare & Homemade Dessert

The last Wednesday light lunch & homemade dessert will be on Wednesday, August 2nd **at a special time of 12:00 Noon.** Enjoy a light meal followed by a homemade dessert while spending time with other Contactivity members! The cost is **\$4.00** including tea or coffee. **Important: Please call to reserve no later than the Monday before if you would like to join us.** Members of the Arts & Crafts group are, needless to say, more than welcome to take part but kindly let us know on the Monday before if you would like to join us.

Activities Scheduled Following the Desserts

August 2nd - Bean Salad and pita chips, coffee or tea and dessert.

Cost: \$4.00

Activity: **POETRY SESSION** (With Jason "Blackbird" Selman; poet and trumpet player, is the author of *The Freedom I Stole*. His work is grounded in ethno-musicology, surrealist expression, love and the intersection of masculinity with emotional vulnerability. This poetry exploration will touch on how to bring an inspired poem to life. It will also look at how to generate stories from our own lives through communicating to others what we know and feel in a heartfelt honest fashion.

Visit to the Montreal Museum of Fine Arts

REVOLUTION – "You say you want a revolution!" & *LOVE IS LOVE* "Wedding Bliss for All à la Jean Paul Gauthier – Haute Couture and Prêt-à-porter Creations".

Date & Time: Tuesday August 15th, 2017 at 10:45 am

Meeting Place: 2075 Bishop St. (New Group Entrance, close to de Maisonneuve Blvd)

Revolution is a musical odyssey that explores the ideals and aspirations of the late 1960s as expressed in music, film, fashion and design.

The exhibition looks at the consumer society, Vietnam War protests, the civil rights movement, the sexual revolution, experimentation with LSD, legendary concerts, communal living and environmentalism. Wearing high-fidelity head-phones that synchronize the sounds and images according to their location in the galleries, visitors will embark on an immersive journey to London streets, where fashion never ceases to reinvent itself; to the heart of the May 1968 demonstrations in Paris; to the Summer of Love in San Francisco; to Woodstock; to the L'Osstidcho; and to Montreal's Expo 67.

The group is welcome to also visit the gallery that houses the *Love is Love* exhibition after *Revolution*.

The museum has asked that we inform them of the numbers of visitors one week before coming so **please RSVP by August 8th. Call our office at 514-932-2326.**

Backpacks, umbrellas, as well as food and drinks, are not permitted in the galleries.

Monday Soup Kitchen – No soup during the month of August

As usual, there will be no Soup Kitchen during the month of August. Therefore the last soup kitchen will be on Monday, **July 17th**. We will resume the Soup Kitchen on Monday, **September, 11th**, the Monday after Labour Day.

Monday Bridge – No bridge during the month of August

Again this year, the Monday Bridge Group has been suspended for the month of August. In fact, **the last bridge will be on Monday, July 17th**, as Webster Hall has been rented out to a YMCA summer camp after that. The bridge group will resume on **Monday, September 11th**, the Monday after Labour Day.

Weekly Groups – Join anytime!!!!

Arts & Crafts:

- **Mondays:** 10:30 am to 3:30 pm Full, but you can get on the waiting list
- **Wednesdays:** 11:00 am to 3:00 pm Full, but you can get on the waiting list

Bridge Group: Mondays - 12:30 pm to 3:30 pm Bridge Group will begin Sept. 11th

The Walkie Talkies: **Walking Group – start at the Greene Avenue entrance to Westmount Square**

- **Mondays:** 10:00 am to 11:30 pm Ongoing
- **Thursdays:** 10:00 am to 11:30 pm Ongoing

Foot Care Clinic – Tuesday, August 22nd

Dr. Bevacqua will be here on Tuesday, August 22nd from 9:00 - 11:30 am. **Please call Barbara at 514-932-2326 to make an appointment.** The cost of the foot care clinic is **\$30.00**, payable directly to Dr. Bevacqua.

Super Bingo

The next Super Bingo at Place Kensington, located at 4430 Ste. Catherine St. W. (between Metcalfe Ave. and Hillside) is on **Tuesday, August 29th**, starting at 3:00 pm. **Contactivity members and their guest are invited, so just show up at Place Kensington if bingo is your game.**

Contactivity Centre for Seniors is a non-profit charitable organization, partially funded by **Centraide**, located at 4695 de Maisonneuve Blvd. W. Westmount, Quebec, H3Z 1L9.

Tel: 514-932-2326 or 514-932-3433. Website: www.contactivitycentre.org

Director - Mary Stark; Membership Coordinator - Barbara Savada; Program and Volunteer Coordinator – Rekha Birla; Crafts Coordinator – Angelina Hum; Program Assistant – Emily Rill and Outreach Worker – Fiona Smith.