

# EVENTS for June 2018 AT CONTACTIVITY CENTRE

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b>
				<b>9:30-10:30</b> <b>Friday Fitness</b>  <b>11:00-12:00</b> <b>Tai Chi</b>  1:00-2:00 Tango Argentina 1:30-2:30 One-Hour Line Dancing II 1:30-3:00 1 ½ Hour Line Dancing II
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>9:15-10:15</b> <b>Fall Prevention</b>  <b>10:30 - 11:30</b> <b>Stretch to Music</b>  <b>10:30 - 3:30</b> <b>Arts &amp; Crafts</b>  <b>12:00 - 12:30</b> <b>Soup Kitchen</b>  <b>12:30 - 3:30</b> <b>Bridge Group</b>	<b>BORROW A            BOOK FROM            OUR LENDING            LIBRARY ANY            WEEKDAY</b>	<b>11:00-3:00</b> <b>Arts &amp; Crafts</b>	<b>1:00 PM</b> <b>Lunch</b>  <b>Fall Prevention by            appointment only</b>	<b>9:30-10:30</b> <b>Friday Fitness</b>  <b>11:00-12:00</b> <b>Tai Chi</b>  1:00-2:00 Tango Argentina 1:30-2:30 One-Hour Line Dancing II 1:30-3:00 1 ½ Hour Line Dancing II
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>10:30-11:30</b> <b>Stretch to Music</b>  <b>10:30 - 11:30</b> <b>Arts &amp; Crafts</b>  <b>12:00 - 12:30</b> <b>Soup Kitchen</b>  <b>12:00-12:30</b> <b>Bridge Group</b>	<b>SEE THE            LIBRARY            REFERENCE            SECTION            COURTESY OF            THE SOCIAL            ACTION            COMMITTEE</b>	<b>11:00-3:00</b> <b>Arts &amp; Crafts</b>	<b>11:30-12:30</b> <b>Blood Pressure            Clinic</b>  <b>12:30 pm</b> <b>Annual Indoor Picnic            &amp; Birthday            Celebration</b>	<b>9:30-10:30</b> <b>Friday Fitness</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>10:30-11:30</b> <b>Stretch to Music</b>  <b>10:30 - 3:30</b> <b>Arts &amp; Crafts</b>  <b>12:00 - 12:30</b> <b>Soup Kitchen</b>  <b>12:30 - 3:30</b> <b>Bridge Group</b>	<b>Come and            check out our            clothing            boutique any            weekday</b>	<b>9:00 AM</b> <b>Out-of-Town            Trip</b>  <b>11:00-3:00</b> <b>Arts &amp; Crafts</b>	<b>No Lunch</b>	<b>1:00 PM</b> <b>In-Town Lunch</b>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>CENTRE            IS            CLOSED</b>  <b>St-Jean Baptiste</b>	<b>9:00-11:30</b> <b>Foot Care Clinic</b>  <b>3:00 pm</b> <b>Super Bingo at            Place Kensington</b>	<b>11:00-3:00</b> <b>Arts &amp; Crafts</b>	<b>No Lunch</b>	<b>Have a nice            Weekend!</b>

### Annual Indoor Picnic – Thursday, June 14<sup>th</sup> at 12:30 pm

Our annual **Picnic and Birthday Celebration** will be held on **Thursday, June 14<sup>th</sup> at a special time of 12:30 pm**. The menu will include a choice of chicken souvlaki (pita or stick) or vegetarian pita souvlaki, (**please specify when reserving**), French fries, Greek salad, iced tea or soft drink and watermelon for dessert. Birthday members will be served birthday cake. Restaurant Villa de Souvlaki is famous for their tzatziki sauce and their light round French fries.

Bring a guest and join us for the celebration. This event will be held indoors. As we pay in advance for the catering, we must ask those interested in attending to pay as they sign up. Unfortunately, we must hold 'no shows' or last minute cancellations responsible for the **\$10.00**. (June & July Birthday members pay half-price). Pianists, Jesse Plessis and Janessa Stang, will be joining us to perform a variety of classical and old time favourites. **Firm deadline for signing up is Tuesday, June 12<sup>th</sup>**, by 4:00 pm. **Maximum of 96.**

### Out-of-Town Trip – Wednesday, June 20<sup>th</sup>

This month's out-of-town trip will be to the beautiful region of Lanaudière. Our first destination will be to **Simon Turcotte Confiturier** located Saint-Marcelline-de-Kildare. For the past 15 years, jam maker Simon Turcotte has been pleasing the palates of his loyal followers, constantly adventuring with new innovative flavour combinations to offer his high quality products using the best ingredients – delicious & original jams, jellies and spreads, and his own savory mustards. A native of Joliette, Simon Turcotte was inspired from childhood by his mother Francine's delicious meals, and his aunt's wonderful wild-fruit jams that he loved to sample during family vacations. He has created a dozen jams and mustard recipes mainly using Quebec fruits, preferably organic or wild, proof positive of his exceptional talent and passion. Simon Turcotte invites you to enchant your palate with his creations served with coffee.

Lunch will be at the Montcalm Golf Club situated in Saint-Liguori at the foot of the Laurentians. Enjoy the beautiful grounds and take in country air. You will have an excellent meal at the clubhouse. Lunch will be a buffet-style and will include soup of the day, salad bar, meat, variety of vegetables, a dessert table and tea or coffee.

Following lunch you will enjoy a private concert by the Utopik Jazz Quartet. You will be taken back to the era of melodies from the 30', 40's and 50's.

The last destination of the day will be to the **René Brisson Garden** which is located in Saint-Jacques-de-Montcalm. René Brisson, with his wife Maryse Carignan, bought his grandfather's house in 1984. In 1989, the couple began landscaping. Over the years, little by little the garden was built. René and his wife did everything themselves with inspiration from horticultural books. Visitors began to flock to their property to get a glimpse of the garden and in 1996, the couple decided to officially open to the public. There were too many people coming to their home, they had no privacy. Today, almost 20 years later, the Garden opens its doors to a few thousand visitors every summer. In addition to the garden, the couple offers visitors a gift shop where it is possible to find a hundred varieties of seed and garden items.

**It is recommended that you bring with you a water bottle and snacks just in case the need arises, and most importantly, any medication you require.**

**Leave Centre:** 9:00 am

**Leave Garden:** 5:00 pm (may leave earlier)

The cost will depend on the number of individuals who sign up and will include transportation by motorcoach, lunch and all activities.

<u>Total cost for Member</u>			<u>Total cost for Member's Guest</u>		
If 25-30	participate	<b>\$98</b>	If 25-30	participate	<b>\$101</b>
If 31-35	"	<b>\$91</b>	If 31-35	"	<b>\$94</b>
If 36-40	"	<b>\$86</b>	If 36-40	"	<b>\$89</b>
If 41-45	"	<b>\$81</b>	If 41-45	"	<b>\$84</b>
If 46-50	"	<b>\$78</b>	If 46-50	"	<b>\$81</b>

A deposit of \$40.00 for members or \$43.00 for non-members must be given to be considered on the trip. Please remember this is a non-refundable deposit. The balance of the trip is to be paid on the day of the trip, before departure. Come into the building to pay the balance and obtain your bus number.

### Meet our Summer Students!

Please welcome our two summer students. Maria Tsafaras, who was here last year, graduated from McGill in Psychology and is continuing in her second year at Vanier College in Special Care Counselling. The second student will be working with Maria; details in July-Aug newsletter.

### Attention to all July Birthdays

Again this year, we will celebrate members who have a birthday in **July** together with the **June** birthdays on **Thursday, June 14<sup>th</sup>**.

### June Birthdays

**Best wishes to all of the following members who are celebrating a birthday in June and July. We hope to see you at the Birthday Celebration which will be held on Thursday, June 14<sup>th</sup>. Lunch is half price for birthday celebrants - \$5.00. If you can join us, please call the Centre at 514-932-2326 to reserve in advance, no later than 12:00 noon on Tuesday, June 12<sup>th</sup>. Maximum of 96.**

Gloria Amirault, Mary Arroyave, Ruth Ballon, Muriel Berger, Elizabeth Berry, Janet Black, Christine Burt, Bob Butler, Genevieve Cabana, Sandra Casey, Connie Cilinski, Janine Cobb, Bryna Cohen, Dora Cohen, Joyce Constantin, Ann Crompton, Maya Daniel, Brigitte Daniliauskas, Raymond Denis, Elve Ennist, Hildegard Enesco, Mary-Louise Engels, Hilda Fox, Joyce Blond Frank, Alice Gagnon, Ruth Gray, Frances Gregory, Louise Hanlon, Donna Held, Judith Henkewick, Frances Hodge, Barbara Holubek, Dale Huston, David Jones, Chella Kerr, Mary Krohn, Lily Lam, Wendy Lunny, Yvonne Lyn, John MacKay, Judith MacLeod, Catherine McFarlane, Anna Mancini, Suzanna Maroti, John Merkly, Gerald Miller, Ivan Mozer, Charlotte Pinsonnault, Maria Pitacciato, Edna Ralston, Ann Rigelhof, Ruth Saul, Arnold Sharp, Marjorie Sharp, Amy Shulman, Tatiana Slivitzky, Yolanda Somerville, Cannie Stark, Deirdre Stevenson, Marilyn St. Pierre, Margaret Swaine, Virginia Thomas, Ingrid Thompson, Carole Thorpe, Muriel Townsend, Joanna Tse, Barbara Turcot, Lois Walter, Lynne Williams and Barbara Winn.

### July Birthdays

Stewart Arbuckle, Richard Blair, Julia Brennan, Nirmala Brunel, Audrey Burkowsky, Beth Chaikin, Barbara Covington, John Di Ioia, Dan Dutton, Wilma Dyer, Doris Emler, Vera Fergenbaum, Linda Fratta, Michael Fratta, Christa Fust-Stangl, Sosi Garibyan, Maurice Gilchrist, Elaine Giovannetti, Gwendolyn Goring, Yvonne Greer, Ben Henkewick, Kathy Hewitt, Marcia Hollink, Alice Lukacs, Geraldine Macaulay, Rosemary Mackell, Donald Oakes, Josephine Peach, Diane Pharand, Dorothy Plummer, Bridget Polidoro, Jill Quinton, AnnaLee Ross, Sylvia Ruby, Sylvia Schmutz, Margaret Sheremata, Diana Simmonds, Janet Small, Penny-Anne Soper, Frances Stamos, Pat Takahashi, Rex Tallentire, Brian Townsley, Graida Victor, Clodaugh Wheatley and Peter Woo.

### In-Town Lunch – Friday, June 22<sup>nd</sup> at 1:00 PM

This month's in-town lunch will be at **Circos Restaurant & Bar** located at **380 Sherbrooke St. W.**, in the Hilton Garden Inn, between Bleury and Hutchison, in the heart of downtown Montreal. Their cuisine offers you a unique and upscale experience which reflects the cultural diversity of Montreal and its authentic flavors. Come enjoy any of their classic, signature or specialty dishes. They have a table d'hôte at lunch which includes soup of the day or market salad, 5 choices for the main course, chef's dessert and tea or coffee. The price ranges from \$14.00 - \$19.00. **Members and their guest(s) will meet at 1:00 p.m. Reservations with us are necessary, so please call the Centre at 514-932-2326 to make your reservation by Tuesday, June 19<sup>th</sup>.**

**Directions: By metro:** From Place des Arts metro, exit Bleury North, walk one block north along Bleury to Sherbrooke street and then walk ½ a block west along Sherbrooke to restaurant.

**By bus:** Take Bus 24E to the corner of Sherbrooke and Bleury and then walk ½ a block west along Sherbrooke to the restaurant. //OR// Take Bus 24W to the corner of Sherbrooke and Hutchison, cross Sherbrooke street, the restaurant will be on the opposite side of the street.

### Monday Soup Kitchen

If you are interested in taking soup home, please bring a plastic bag. We will not always have bags available.

### Monday Soup Kitchen & Monday Bridge Group are Cancelled for July

Unfortunately this year, Webster Hall is not available to us for the month of July, so we have to cancel our Monday Soup Kitchen and Monday Bridge Group. The last one will be on Monday, June 18<sup>th</sup> and will resume on Monday, September 10<sup>th</sup>, 2018.

### Spur-of-the-Moment In-Town Outings

If you would like to be informed of any outings possibly organized by our summer students, please call the office at **514-932-2326** to add your name to the list. Any suggestions you may have of possible excursions will be welcomed. If a consensus emerges, the students will arrange some excursions.

## Weekly Thursday Lunches



### Menu & Entertainment for Thursday Luncheons at 1:00 pm

Please call us to reserve for Thursday lunch, no later than the Tuesday before - by noon - as it is very important for us to know the number of people to buy food for, so as to keep on budget. This is an absolute must. Thank you for your understanding.

**June 7<sup>th</sup>** Apple Fritter French Toast, breakfast sausages, potatoes, Mimosa, tea, coffee and dessert. **Cost: \$5.00**

**June 14<sup>th</sup>** **12:30 pm - Annual Indoor Picnic and Birthday Celebration** **Cost: \$10.00**

A choice of chicken souvlaki (pita or stick) or vegetarian pita souvlaki, (please specify when reserving), French fries, Greek salad, iced tea or soft drink and watermelon for dessert. Birthday members will be served birthday cake.

**Entertainment:** Pianists, Jesse Plessis and Janessa Stang, will be joining us to perform a variety of classical and old time favourites.

### Weekly Groups

#### Arts & Crafts:

- **Mondays:** 10:30 am to 3:30 pm Full, but you can get on the waiting list
- **Wednesdays:** 11:00 am to 3:00 pm Full, but you can get on the waiting list

**Bridge Group: Mondays:** 12:30 pm to 3:30 pm Ongoing – join any time!

**The Walkie Talkies - Walking Group – start at the Greene Avenue entrance to Westmount Square**

- **Mondays** 10:00 am to 11:30 am Ongoing – call Karen first at 514-826-4493
- **Thursdays:** 10:00 am to 11:30 am Ongoing – call Karen first at 514-826-4493

#### Ping Pong & Pool:

- **Mondays:** 10:00 am to 12:00 am Full, but you can get on the waiting list
- **Fridays:** 10:00 am to 12:00 am Full, but you can get on the waiting list

### Walk-a-Cop IV 2018 – Monday, June 11<sup>th</sup>

Police officers from Station 12 in Westmount will be accompanying the Walkie Talkies on their walk and joining them for coffee at Mouton Noir (at the arena), followed by soup at Contactivity. This will be the perfect opportunity to ask any questions you may have (e.g. on safety and security) and will tie in nicely with **World Elder Abuse Awareness Week**. The walk is on rain or shine, leaving at 10 a.m. at the Greene Avenue entrance to Westmount Square, and all Contactivity members are welcome to join them. **For more information, and to confirm your presence, please call Outreach workers Fiona Smith & Carolyn Howard at 438-920-3460 or Karen Evoy at 514-826-4493 or send an e-mail to [karen.evoy@gmail.com](mailto:karen.evoy@gmail.com).** Happy walking!

### World Elder Abuse Awareness Day Event – Monday, June 11<sup>th</sup>

Contactivity Centre's Outreach workers and an SPVM community liaison officer will have an elder-abuse awareness and road safety information table set up at the Centre from 11:30 to 12:30 after the fourth Walkie Talkies Walk-a-Cop event takes place. **For more information, please call Outreach workers Fiona Smith & Carolyn Howard at 438-920-3460 or Karen Evoy at 514-826-4493 or send an e-mail to [karen.evoy@gmail.com](mailto:karen.evoy@gmail.com).**

### Coop Garden

Does gardening bring you a smile? For a third year WPUC will be growing food and it needs volunteers to run the garden boxes on its front lawn. Would you like to join our friendly team of volunteer gardeners? It's free, instruction is given and it requires you to commit to the schedule of watering, tending and picking as well as to attend weekly team meetings. Harvest will be shared amongst our team of volunteers and the WPUC community. Please contact Gabriel Lambert-Rivest for more details, via Contactivity Office.

### Out-of-Town Trip for July is a Small Experiment

Our regular out-of-town trip for July is replaced with a special offer of a small bus for the day, made available to us through one of our funders, the Father Dowd Foundation. A day in the country has been organized with a maximum of 19 participants at a special price. Details on the next page (Page 5).

### A Day in the Country – Wednesday, July 25<sup>th</sup>

Camp Kinkora offers an all-inclusive day trip experience with a variety of activities for seniors. Get away and enjoy the beautiful Camp Site situated in Saint-Adolphe-d'Howard. Located in the beautiful Laurentian Mountains, Camp Kinkora boasts its own private lake (Lac de la Borne) with a sandy beach, recreational hall, dining hall, a chapel with a piano, and an on-site permanent staff. A team of fully qualified lifeguards supervise the swimming and boating facilities available on site. At Kinkora, participants enjoy the breathtaking country setting in a lush Laurentian valley. Camp Kinkora has been in existence since 1926 making it one of the oldest and most respected camps in Canada.

Activities will include choices from swimming or wading in the lake, boating (row boats and paddle boats are available), fishing (supplies provided), arts & crafts (materials provided), nature walks and afternoon tea in the Gazebo. There are chairs and benches by the lake.

Upon arrival, you will be welcomed by the staff of Camp Kinkora, there will be time to use the facilities and a snack & drink will be provided. The group will be divided depending on the morning activity chosen. The group will reunite for lunch in the dining hall. In the afternoon, there will be more activities to choose from including waterfront activities. Before departure, there will be tea in the Gazebo and a snack. The camp property includes dirt roads, small rocks, sand and grass terrain which leads to uneven ground and pathways. It's pretty rugged in some places, therefore it is less suitable for anyone with mobility or balance issues. Also, there is no room for the storage of walkers on this small bus. **Maximum of 19 participants.** Depending on the level of interest, next year we could organize this trip again with a motorcoach rental so we could accommodate up to 50. The price would be higher to reflect the cost of the bus rental.

**It is recommended that you bring with you a water bottle and snacks just in case the need arises. And most importantly, any medication you require.**

Leave Centre: 9:00 am  
Leave Camp Kinkora: 3:30 pm

The special cost will be **\$35 for members** and **\$38 for a member's guest** and will include transportation by a mini-bus provided by Camp Kinkora, lunch, refreshments and all activities.

**Full payment in advance of \$35.00 for members or \$38.00 for member's guest must be given to be considered on the trip.** Please remember this is a non-refundable deposit. The day of the trip, come into the building to obtain your bus number.

### ANNUAL SUMMER THEATRE – Thursday, August 23<sup>rd</sup>

The play you will see is "**Plaza Suite**", a big Neil Simon classic Broadway hit!

It's three times the hilarity when three different couples rent the same hotel suite at three different times. A couple whose marriage is in tatters unknowingly rent the same suite they honeymooned in 23 years ago. Next you meet a Hollywood producer who, after three marriages, is looking for a new romance but gets more than he bargained for. The last couple are two parents who fight to get their daughter out of the bathroom and down to the ballroom where guests wait for her to get married. A comic gem!

But first, you will go to the well-known McIntosh Country Inn. Nestled in the heart of the picturesque St. Lawrence Seaway Valley, steeped in rich historical and cultural heritage, the Inn offers casual relaxed dining in their Orchard restaurant (main dining room) featuring traditional Canadian/American cuisine. The luncheon buffet will include: rolls & butter, salad bar, vegetable medley, mashed potatoes, roast turkey & stuffing, gravy, cranberries, lasagna, and for dessert an assortment of pies & squares and tea or coffee.

For those interested, there will be time to visit the Giant Tiger store after lunch before the matinee.

**Due to the popularity of the Summer Theatre – we must send a deposit to the theatre to ensure our reservation; therefore your own deposits must be given to us by TUESDAY, JULY 20<sup>th</sup>.** You can send a cheque by mail or you can drop by the Centre. Spaces go quickly, so book today!

It is recommended that you bring with you a water bottle and some snacks just in case the need arises and any medication you may need during the day.

Leave Centre: 9:00 am  
Leave Morrisburg: 4:15 pm

The final cost will depend on the number of individuals who sign up and will include transportation by motorcoach, buffet lunch and the theatre ticket.

<u>Total cost for Member</u>		<u>Total cost for Member's Guest</u>	
If 25-30 participate	<b>\$97</b>	If 25-30 participate	<b>\$100</b>
If 31-35 "	<b>\$94</b>	If 31-35 "	<b>\$97</b>
If 36-40 "	<b>\$92</b>	If 36-40 "	<b>\$95</b>
If 41-45 "	<b>\$90</b>	If 41-45 "	<b>\$93</b>
If 46-50 "	<b>\$88</b>	If 46-50 "	<b>\$91</b>

**A deposit of \$40.00 for members or \$43.00 for a member's guest must be given to be considered on the trip.** This is a non-refundable deposit. The balance of the trip is to be paid on the day of the trip, before departure. Come into the building to pay the balance and obtain your bus number. First come, first served.

### Watch for Details Regarding Summer Programming in the July/August Newsletter

Due to planned major renovations in the church building and parking lot some of our regular summer programming may be different this year. Although the renovations inside the building will be in the basement, it remains to be seen how noisy and dusty certain stages of that work will be. So stay tuned to the July/August newsletter. We hope to have news by the time that double issue is published.

### Video Project - Seniors and Trees

Westmount Park United Church is undertaking a special video project on Seniors and Trees and Contactivity is participating. The idea is to draw attention to the importance of trees in our lives and how a profound relationship with a tree can help us to connect with our memories, our land and ourselves. The aim is to produce a surprising testimony of meaningful and moving stories to share with others.

Do you have a story to tell of a tree that was/is important to you? When did this happen and where? What effect has the tree had upon you? Has this developed over the years?

A video shooting of brief testimonials will take place on June 19 and 20, and in mid-August at WPUC. (Please choose the June dates if you can come then.) You will get a call to set up a time for the video interview.

We'd love if you could jot down answers to all the above questions in a paragraph or two and send it along with your preferred date, your name and contact details, marked 'Seniors and Trees', to: Gabriel Lambert-Rivest, c/o Church Office, Westmount Park United Church. Or simply drop it by the Contactivity Office in the same building.

### Super Bingo

The next Super Bingo at Place Kensington, located at 4430 Ste. Catherine St. W. (corner of Metcalfe Ave.) is on **Tuesday, June 26<sup>th</sup>**, starting at 3:00 pm. Contactivity members and their guest are invited, so just show up at Place Kensington if bingo is your game.

### Our Website Address

While surfing the internet, check out our website address at [www.contactivitycentre.org](http://www.contactivitycentre.org). It is updated regularly with current activities at the Centre and photographs from recent events. And if you are on Facebook you can visit and "like" us there too! You can also check out our senior resource website at [www.montrealfamilyties.net](http://www.montrealfamilyties.net).

### Foot Care Clinic – Tuesday, June 26<sup>th</sup>

Dr. Bevacqua will be here on Tuesday, June 27<sup>th</sup> from 9:00 am to 11:30 am. **Please call Barbara at 514-932-2326 to make an appointment.** The cost of the foot care clinic is **\$30.00**, payable directly to Dr. Bevacqua.

### Blood Pressure Clinic – Thursday, June 14<sup>th</sup>

A nurse from CLSC Metro will be here on Thursday, June 14<sup>th</sup>, from 11:30 am to 12:30 pm to take your blood pressure. **Please call the Centre at 514-932-2326 to make your appointment today.**

### Welcome New Members

**A big, big welcome to:**

Jia-lin Peng, Jack Schiess, Barbara Holubek, Ayesha Ahmed, Sheila Elle, Therese Tollett, John Aikman, Ruth O'Callaghan, Sam Houston, Brigitte Kuntz, Lawrence Kuntz, June Gearey and Raymond Legault.

**Hope to see you at the Centre's many activities.**

### In Memoriam

We would like to extend our deepest condolences to the family and friends of the late Colette Johnson and to member Moira Barclay-Fernie in the loss of her son.

**Contactivity Centre for Seniors** is a non-profit charitable organization, partially funded by **Centraide**, located at 4695 de Maisonneuve Blvd. W. Westmount, Quebec, H3Z 1L9.

**Tel: 514-932-2326 or 514-932-3433.** Website: [www.contactivitycentre.org](http://www.contactivitycentre.org) Email: [contactivity@bellnet.ca](mailto:contactivity@bellnet.ca)

*Director - Mary Stark; Membership Coordinator - Barbara Savada; Program Coordinator - Rekha Birla; Program Coordinator – Emily Rill; Crafts Coordinator – Angelina Hum; Activities Coordinator – Ashlyn Stevens; Outreach Workers - Fiona Smith and Carolyn Howard.*